

# JAIDEV EDUCATION SOCIETY'S J D COLLEGE OF ENGINEERING AND MANAGEMENT KATOL ROAD, NAGPUR

An Autonomous Institute, with NAAC "A" Grade



<u>VISION</u>

To be a center of excellence imparting professional education satisfying societal and global needs.

Transforming students into lifelong learners through, quality teaching, training and exposure to concurrent technologies. Fostering conducive atmosphere for research and development through well equipped laboratories and qualified personnel in collaboration with global organizations

# 7.1.1 MEASURES INITIATED BY THE INSTITUTION FOR THE PROMOTION OF GENDER EQUITY DURING THE YEAR 2021-22

# ANNUAL GENDER SENSITIZATION ACTION PLAN (2021-22)

S. No.	Title of the Event	Date
1	Menstrual Health Workshop	24/1/2022
2	Doctor's Session	8/3/2022
3	ICC Discourse	8/3/2022
4	Saree Star	4/4/2022

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PRINCIPAL

Principal

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# J D COLLEGE OF ENGINEERING & MANAGEMENT

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Following activities have been conducted during the academic year 2021-22 under the Annual **gender sensitization action plan**:

S. No.	Title of the Event	Date	Organized by
1	Menstrual Health Workshop	24/1/2022	Ladies Club
2	Doctor's Session	8/3/2022	Ladies Club
3	ICC Discourse	8/3/2022	Ladies Club
4	Saree Star	4/4/2022	Ladies Club



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## WORKSHOP ON MENSTRUAL HEALTH

In India, we have a plethora of restrictions and myths regarding periods. Add to that the shame factor, and we have generations of misinformation that has led to poor menstrual health. Recognizing the need for awareness, on National Girl Child Day, 24th January 2022, Ladies Club under Student Club of J D College of Engineering and Management organized Workshop on 'Menstrual Health'. The event invited girls and women of all ages and walks of life with the aim of educating them about menstrual health and hygiene. Medical professionals, Miss Sakshi Shriwas and Mrs. Chaya Gaikwad from Jeevan Welfare Foundation, were the speakers. They educated the crowd about the female reproductive system, the cause of periods, what can be done to stay healthy throughout periods, how to deal with period pain/cramps, how to utilise sanitary items, menopause, myths vs facts, and much more. The event's highlight was the Q&A session where the attendees shared their experiences and doubts. The workshop was an eye-opening experience which brought out unique perspectives and mindsets regarding women's health. The event concluded with the distribution of sanitary napkins.





Healthcare Professional addressing the women



Group Photo







Informative posters

#### 'DOCTOR'S SESSION'

As aptly said by UN Secretary-General António Guterres, "Women's empowerment and gender equality are essential to global progress". The more women are educated and empowered, the more progress we see. It is essential that mental, physical and spiritual well-being of women is ensured throughout the world. Working for the same, on 8th March 2022, the Student Club of ID College Engineering and Management organized the 3-day event series "SASHAKT 2.0". The event was conducted to celebrate International Women's Day 2022 and Women's Week.

SASHAKT 2.0 was kick-started with the sub-events Doctor's Session and ICC Discourse by Ladies Club under Student Club JDCOEM.

In 'Doctor's Session' all girl students and female staff of the college were invited for an interactive session about women's health. Dr. Prajakta Chindalhore from N K.P. Salve Institute of Medical Sciences and Research Center was the guest speaker for the session. It was a highly informative session that covered a wide range of topics like female reproductive system, menstrual health and hygiene, diseases, taboos vs. correct health practices, etc

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Attentive Audience

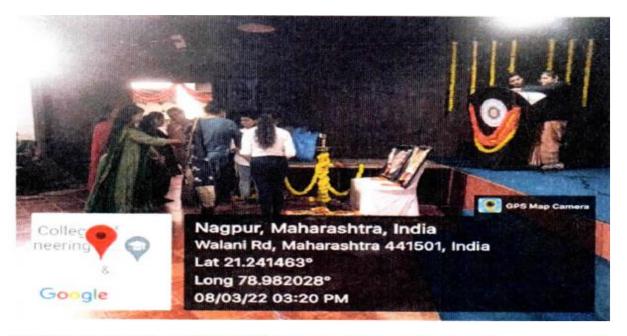
## ICC DISCOURSE

The ICC Committee of the college was introduced to the audience. Dr. Namrata Pradnyakar, Secretary, ICC and Dr. Ujwala Dange, Chairperson, ICC explained in detail the history, principles and working of the committee. They provided instances of how the students and staff can approach the committee in case of grievances.



E posts for ICC Discourse

J D College of Engineering and Management





Dignitaries on the dais

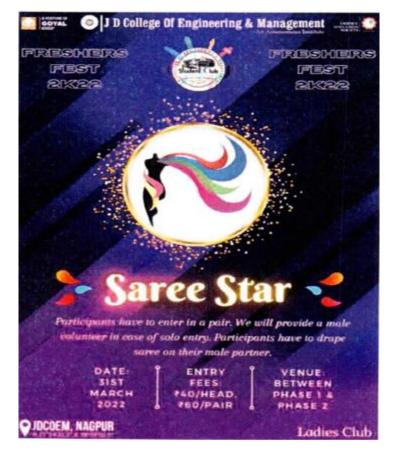
#### **SAREE STAR**

On 31st March 2022, Ladies Club under Student Club, JDCOEM organized the event 'Saree Star' For Freshers Fest 2022. The event was conducted as a fun activity for the freshers while also promoting gender neutrality and traditional Indian clothing. In this event the participants had to enter as a pair of one boy and one girl. They were provided with Sarees and Pins. The girls had to drape saree on the boy as fast as possible and under 60 seconds, while the boys had to impress the audience with their moves.



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Student Participants at Saree Star



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